



Teladoc Medical Experts Personal Health Navigator



Information you can trust

You want to make informed decisions about your health—and it's easy to feel overwhelmed by the amount of health information online.

The good news? Teladoc Medical Experts can provide you with up-to-date information on a variety of topics. Whether your condition is simple or complex, you can rely on Teladoc tools and resources—including articles, links to condition-specific websites, and contact information for organizations and facilities that can help you address your medical needs. It's all about giving you peace of mind and information you can trust.

Insurance & Investments
Simple. Fast. Easy.®

Teladoc™
HEALTH

 Empire
Life®



How this benefits you

Convenience

Teladoc Medical Experts Personal Health Navigator can help you navigate the healthcare system and get the information you need—quickly and efficiently.

Resources

When you have questions or concerns about your health, your Teladoc Medical Experts team will provide you with personalized information and resources available in your community.

Reliable answers

Your Teladoc Medical Experts team will help you find reliable answers to your questions, leading you in the right direction and providing you with peace of mind.



How it works

1. Get started by downloading the Teladoc App , visiting TeladocHealth.ca or calling 1 877 419-2378.
2. A Teladoc Health team member will either answer your questions immediately or gather information and resources and send them to you.

Teladoc Health can offer advice and wellness support on a wide range of topics including:

- Assistance finding group support.
- Research and assistance in finding care and residency for elderly parents.
- Finding groups or associations for diabetes.
- Locating psychologists.
- Assistance in formulating questions you may need to ask your physicians.

Teladoc Medical Experts helps you take control of your health and make medical decisions with confidence by guiding you in the right direction.



Contact Teladoc Medical Experts at 1 877 419-2378 or visit TeladocHealth.ca.

Empire Life and Empire Life logo are registered trademarks of The Empire Life Insurance Company ("Empire Life"). Policies are issued by Empire Life. Representations about Teladoc are those of Teladoc Health Inc., and not Empire Life. © 2021 Teladoc Health, Inc. All rights reserved. Teladoc and the Teladoc logo are registered trademarks of Teladoc Health, Inc. and are used under license. Teladoc and Teladoc physicians are independent contractors and are not agents of Empire Life. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to provincial and territorial regulation. Teladoc physicians reserve the right to deny care for potential misuse of services. For a complete description of the limitations of Teladoc services, visit teladoc.ca. Health benefits and health insurance plans contain exclusions and limitations.

The Empire Life Insurance Company

259 King Street East, Kingston, ON K7L 3A8 • 1 877 548-1881 • info@empire.ca • empire.ca